01

F = FOCUS

Shift your attention from the size of the problem to the faithfulness of God.



1. WHAT AM I FOCUSING ON?

What problem, fear, delay, limitation, comparison or circumstance keeps taking my attention?

2. WHERE IS THAT FOCUS TAKING ME?

What am I believing, saying or doing because my attention has stayed in the wrong place?

3. WHAT DOES GOD SAY?

Write the Scriptures you need to combat your wrong focus and bring your attention back into alignment.

SCRIPTURE:	WHAT TRUTH DOES IT REMIND ME OF?
SCRIPTURE:	WHAT TRUTH DOES IT REMIND ME OF?
SCRIPTURE:	WHAT TRUTH DOES IT REMIND ME OF?

4. SHIFT MY FOCUS

I AM SHIFTING MY FOCUS FROM: → **I AM SHIFTING MY FOCUS TO:**

5. MY FOCUS DECLARATION

When my attention drifts, what will I choose to believe and focus on?

REMEMBER: Focus is a practiced discipline. When your attention drifts, bring it back to what is true.